

BEFORE YOUR SURGERY

What to Tell Your Anesthesiologist

The information that keeps you safe - there's no such thing as too much.

Honest information is the foundation of safe anesthesia care.

I'm not here to judge you. I'm here to keep you safe. The more I know about you, the better I can take care of you.

Medical conditions	Heart, lungs, kidneys, diabetes, sleep apnea - even if they're already in your chart.
Past anesthesia	Any problems you or your family had with anesthesia, including a reaction called malignant hyperthermia, or a difficult breathing-tube placement.
Medications & supplements	Everything - prescriptions, over-the-counter, vitamins, herbal supplements, and marijuana or CBD. Bring a list or the bottles.
Allergies	What you're allergic to and exactly what happens when you react - including latex, tape, and foods like egg or soy.
Lifestyle	Alcohol, smoking or vaping, and whether you use a CPAP machine - bring it with you.
Your fears	Tell us what worries you. We can help with medication, and by explaining each step.