

BEFORE YOUR SURGERY

What Is Anesthesia?

How it works, who's caring for you, and how we keep you safe.

Anesthesia keeps you safe, comfortable, and pain-free.

It's much more than sleep - it's continuous, expert monitoring from start to finish.

What it is	Medication that prevents pain and controls your body's responses during surgery. Depending on your procedure, it can make you fully asleep, numb a region of your body, or numb a small area.
Who's caring for you	A physician anesthesiologist, a CRNA, or an anesthesiologist assistant - a team whose entire focus is you: your vital signs, your breathing, and your comfort, every second.
Before surgery	We review your health, medications, allergies, and history, and build an anesthesia plan made just for you.
During surgery	Someone never leaves your side. Your heart rate, blood pressure, oxygen, and breathing are watched continuously.
After surgery	You wake up in the recovery room with your pain managed and nurses monitoring you closely.

Questions about your anesthesia? Call your pre-op team

Your facility's care team

Your Surgery Center · Patient education for surgery.
Educational information only, not personal medical advice.
Always follow the specific instructions from your care team.