

SURGERY DAY

What to Bring

A simple checklist so your surgery day goes smoothly.

Bring the essentials. Leave valuables at home. Arrange your ride.

Being prepared avoids delays on surgery day.

Bring	Photo ID, insurance card, any copay, your medication list (or the bottles), and any forms your surgeon gave you. Bring your CPAP machine if you use one.
What to wear	Loose, comfortable clothing and slip-on shoes. No jewelry, makeup, or nail polish - we watch your nail beds and skin to monitor your oxygen. Wear glasses instead of contacts.
Personal items	Phone and charger, a case for glasses or dentures, and something to read while you wait.
Leave at home	Jewelry, valuables, and large amounts of cash.
The ride home	A responsible adult must drive you home and stay with you. You can't drive, or take a taxi or rideshare alone, after anesthesia. Arrange it ahead of time, with a backup.